2003 Roster

- Head Coach Lenny Emmons
- G. Badavas
- J. Badavas
- D. Bisceglia
- M. Brown
- B. Burns
- D. Cascio
- C. Crowe
- J. Geibel
- D. Hunt
- J. Kinhan
- K. Killelea
- B. Matthews
- J. Meinelt
- J. Monroe
- F. Nicolau
- G. Scott
- I. Shea
- S. St.Cyr
- R. Thatcher
- D. Travis
- A. Walker
- K. Ward
- J. Welch
- D. Willette
- C. Wolz

Coach Enumons and his team continued their winning ways, capturing the CAL championship yet again. The season climaxed with a 1-0 victory over the NA Scarlet Nights. The boys completed one of their pre-season goals by having an undefeated regular season. The team consisted of all juniors and seniors, which created an awesome chemistry. Tough defense was played, sensational goals were scored, and "so mach" lasting friendships were formed.









J. Badavas C. Crowe J. Geibel D. Hunt K. Killelea J. Meinelt G. Scott

B. St. Cyr A. Szymanski R. Thatcher M. Tonello A. Walker D. Willette



C. Wolz
G. Badavas
C. Badavas
D. Picariello Jr.
A. Ruegger
E. Serret
J. Serret
D. Travers
J. Northey
P. Tusini





Hose do you gays keep the tradition affec?
"We have the loop." -R. Thatcher
"We wan." -J. Geshel













BOYS SOCCER

Greg Badavas, 21, (below) is carrying the ball down the field to the opponents net where it belongs









The boys (above) congratulate each other after a goal.

Hot, Hot, Hot!

This year, the boys soccer season went extremely well. They were led by captians, Duke Travers, DJ Picariello, and Greg Badavas. Despite numerous injuries and suspensions, the team pulled together and heated up the field. Badavas stated in the beginning of the year that "...we are simply going to approach [our] goals one game at a time, and work hard to defend our title from last year". Which they did, winning the CAL Championship for the third year in a row. Although DJ claims that it was his and junior Ben Boepple's "sick" handshake that led them to victory, it was actually the team's defense oriented strategy and unconquerable skills. Their final record was an amazing 17-1-1. You boys are smokin'!

Boys Varsity Soccer



Front Row: (Left to right) Ben Boepple, Jon Northey, Dustin DiGregorio, Journal Serret, Duke Travers, Brian Doucette, Franky Serret, J.M. Cascio, Kevin Connors, Andrew Ruegger, and Ryan Johnson.

Back Row: (Left to right) Coach Len Emmons, Brian Church, Brian Banville Dean Tzortzis, Alex Capabianco, John Manning, Kyle Elsabee, John Schleen, D.J. Picariello, Greg Badavas, Andrew Gildein, Mark Gaudette, Andrew Johnson, John Twomey, Paul Tusini, Ben Flanagan, and Peter Choi.





JV Boys Soccer

R. Baranello, T. Becker, N. Calise, M. Ciampa, M. DiCenso, P. Doherty, D. Gukubi, M. Jesi, R. Lavoie, P. Marasco, P. McCaleb, J. O'Donnell, K. Pazdziorny, B. Powers, B. Schwartz, I. Tasso, N. Twing, F. Bodengraven, I. Gelinas, J. Guarino, A. Olia, C. Scearbo, K. VanLenten



Freshman Boys Soccer

K. Baranello, İ. Bettencourt, C. Canova, T. Crowe, J. Dube, D. Ford, M. Gentile, C. Graziano, R. Hebb, J. Hicks, K. Ito, P. Lavita, C. McBrierty, A. Murphy, G. Pagliarulo, J. Repucci, J. Rivers, B. Robinson, M. Rutter, B. Schauerman, N. Shrewsbury, D. Warner, T. White

What was your team motto and how did it help you win?

Greg Badavas



"DBGL; continue the tradition of excellence."

DJ Picariello



"It was 'Incoming', it helped heat us up."

Duke Travers



"Moosenuckle ...because it is cool."

Head Coach - Lenny Emmons

Greg Badavas - Capt.

Brian Barnville

Ben Boepple

Alex Capabianco

J.M. Cascio

Peter Choi

Brian Church

Kevin Connors

Dustin DiGregorio

Brian Doucette

Kyle Elsabee

Ben Flanagan

Mark Gaudette

Andrew Gildein

Andrew Johnson

Ryan Johnson

John Manning

Jon Northey

D.J. Picariello - Capt.

Andrew Ruegger

John Schleer

Frank Serret

J.P. Serret

Duke Travers - Capt.

Paul Tusini

John Twomey

Dean Tzortzis



BOSTON GLOBE SCHOOL ROUNDUP

Masconomet on Mission Emmons draws closer to 500th

By Emily Werchadlo, Globe Correspondent | September 22, 2005

Masconomet boys' soccer coach Lenny Emmons started the season 19 victories away from his 500th.

With a 1-0 road win over rival North Andover, Emmons is now 16 triumphs away from the magic number as his Chieftains improved to 3-0.

Senior captain John Michael Cafcio notched the goal 25 minutes in and kept the team undefeated.

Masco right halfback John O'Donnell received a pass from the stopper on the right side then beat his marker and made a waist-high cross to Cafcio inside the penalty area. Cafcio controlled the pass in the air and buried the shot.

"It was a rocket right by the goaltender," said Emmons. "It was a bang-bang situation."

A pair of goaltenders kept the shutout intact. Junior Brian Church and senior Ben Bopple combined for 12 saves.

Emmons needs the Chieftains to advance to the playoffs to have a chance at 500 this season, which he says he wants more for the team than for himself. Masco, which has won three consecutive Cape Ann League championships, has a good shot at making the number for its coach of 35 years.

"We're winning some tough games away from home," Emmons said. "So far, so good."

2005 Roster - partial Lenny Emmons - Head Coach

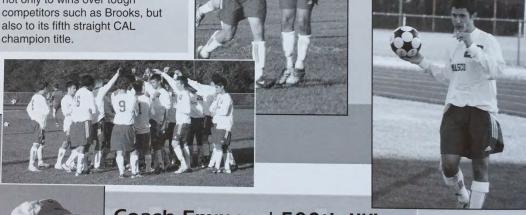
Brian Barnville
Ben Bopple
Alex Capabianco - Capt.
J.M. Cascio - Capt.
Brian Church
John O'Donnell
Dean Tzortzis - Capt.

Boys Soccer

The boys soccer team had a rewarding year both for individual players and the team as a whole with several starters making it into the CAL all star game. Winning their way into the North Sectional semi finals in the state tournament the boys had yet another successful season, carrying on the tradition of exellence. With an overall record of 13-3-4, the teams improved passing game led not only to wins over tough competitors such as Brooks, but also to its fifth straight CAL



Above: Junior Kevin Vanlenten drives the ball down the field to escape the offense. Below: Junior Chris Scearbo watches for an open teammate as he throws the ball back into play.



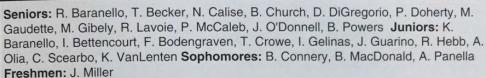
Coach Emmons' 500th Win

During this season and Dr. Emmons 34th year of coaching varsity soccer at Masconomet he celebrated his 500th win with the team. The epic game against Hamilton- Wenham was a hard battle to the finish ending in a score of 3-2. The 2006 season was an important landmark in his

life and it demonstrated
Dr. Emmons dedication as a coach since he began in 1972.









Dustin DiGregorio

#8

John O'Donnell

#3

Brendan

Powers # 18

A

P

T

A

I

N

S

Below: Coach Serino and the JV team captains pose for a picture after a game.

Left: Ali Olia skillfully maneuvers

around the opposing defense.







JUNIOR VARSITY

FRESHMEN



R. Baranello

Lenny Emmons - Head Coach

- K. Baranello
- T. Becker
- I. Bettencourt
- F. Bodengraven
- N. Caslise
- B. Church
- B. Connery
- T. Crowe
- D. DiGregorio Capt.
- P. Doherty
- M. Gaudette
- I. Gelinas
- M. Gibely
- J. Guarino
- R. Hebb
- R. Lavoie
- P. McCaleb
- B. MacDonald
- J. Miller
- J. O'Donnell Capt.
- A. Olia
- A. Panella
- B. Powers Capt.
- C. Scearbo
- K. VanLenten



Lenny Emmons - Head Coach

- K. Baranella
- I. Bettencourt
- D. Brennan
- T. Bodengraven Capt.
- S. Buchert
- B. Connery
- T. Crowe
- J. Doucette
- M. Evans
- I. Genlinas Capt.
- G. Hartmann
- J. Hebb
- K. Ivester
- B. McDonald
- B. McKeen
- A. Mello
- J. Miller
- A. Olia
- A. Panella
- J. Pazar
- S. Perkins
- C. Scearbo
- F. Shahin
- K. VanLenten Capt.
- N. Webster

1 Jon Doucette, 3 John Pazar, 4 Greg Hartmann, 5 Andrew Mello, 6 Fouad Shahin, 7 John Miller, 8 Brian Connery, 9 Kevin Ivester, 10 Bradley MacDonald, 11 Mark Evans, 12 David Brennan, 13 Steve Perkins, 14 Kevin McAllister, 15 Scott Buchert, 16 Mike Keenan, 17 Andrew Panella, 18 Jack Desmond, 19 Curtis Staub, 20 Mike Plourde, 21 Greg Rothman, 23 Stephen Kracanas, 24 Matt Werner, 28 Nate Webster

Varsity Roster





Fancy Footwork

Running by, lungs on fire, the boys' soccer team is finishing their fifth drill, and is not even close to the end of practice. This is just another day in the life of a Masconomet soccer player. This year's stellar performance can be attributed to the team's focus on the "simple moves", knowing that when these are perfected during practices, the fancy footwork necessary for game-time will fall into place.

Senior Captain Andrew Mello believes that this year's team is uniquely strong due to its balance of great talent and lack of a weak link. The team is very connected and although

the boys can no









longer bond over T-P outings, they remain "tight" as they are a close group of upperclassmen who have been playing together for years. The team's goal of making it through the Cape Ann League undefeated was accomplished with an overall record of 17-0-1. Due to this successful record, the team was ranked second in the state by the Boston Globe. At the end of the season, the team made it to States, continuing their long season of commitment to their sport, followed by a large supportive Masco fan base. The team realized that they would still have to work hard to earn the championship title, knowing that nothing comes easy. Even though their goal of winning States was not achieved, the Masconomet boys soccer team should be extremely pleased with the overall success of their season.

Brian Connery







Macdonald

tains



Andrew Mello

#12 David Brennan

Len Emmons - Head Coach

#15 Scott Buchert

#8 Brian Connery - Capt.

#18 Jack Desmond

#1 John Doucette

#11 Mark Evans

#4 Greg Hartmann

#9 Kevin Ivestor

#16 Mike Keenan

#23 Stephen Kracanas

#14 Kevin McAllister

#10 Bradley MacDonald - Capt.

#5 Andrew Mello - Capt.

#7 John Miller

#17 Andrew Panella

#3 John Pazar

#13 Steve Perkins

#20 Mike Plourde

#21 Greg Rothman

#6 Fouad Shahin

#19 Curtis Staub

#28 Nate Webster

#24 Matt Werner



Len Emmons Returns Hoping for Another Winning Season

NORTHSHORE MAGAZINE SEPTEMBER 20, 2009

Masconomet soccer coach Len Emmons looks past "living legend" status.

By Sarah A. Ditkoff. Photograph by Robert Boyd.

With high school sports underway, our attention gets turned once again to a regular schedule of matchups. Typically, it's the kids we cheer for, but this season, a few North Shore coaches are on the cusp of some major milestones.

Search the Internet for Len Emmons of Masconomet Regional High School in Boxford and odds are good that many of the articles recapping his soccer matches refer to him as a "living legend."

"I can list wins and losses, but I try to live in the now," Emmons says. "What's most gratifying to me is to see the relationships develop between the players that I know are going to last a lifetime." His boys' varsity team won the state title in 2008, not to mention the Cape Ann League (CAL) Large title, the MIAA Division 2 North title, and the Division 2 Eastern Massachusetts title.

With 546 wins under his belt, he's only the third boys' soccer coach in the Commonwealth's history to reach 500 wins in his career. When asked about this milestone, Emmons downplays it. "It's all about longevity," he says. "You have to have cooperative parents and talented players. I don't want to be the center of attention. It's all about them."

During his time as head coach at Masconomet (he's been there since 1972), Emmons has racked up 27 CAL titles and four North Division Champion titles. "I've enjoyed the game and every year is different," says Emmons, who is now 65 years old. "My only regret is that I can't keep up with some of these boys anymore. We're Division 1 this year, and I'm excited to go out and show these teams what we can do."

L-S boys soccer defeats Masconomet MOST POPULAR

Posted Nov 11, 2009 at 12:01 AM Updated Nov 11, 2009 at 11:21 AM

The Masconomet Chieftains tried to keep Lincoln-Sudbury's Cole DeNormandie away from the net by utilizing a zone defense in the boys soccer tournament game on Nov. 11. When that didn't work, they tried a man-to-man defense. When that didn't work, they had two Chieftains basically hanging from his back. When that didn't work, they considered calling the National Guard. OK, we made that last one up, but you get the picture.

DeNormandie controlled the field for his Lincoln-Sudbury Warriors (14-2-3), also helping his team to victory by scoring both goals in their 2-0 victory over Masconomet (15-3-2) in the Division 2 North quarterfinals. The Chieftains had no answer for DeNormandie. Also, after the Warriors established their 2-0 lead, the Chieftains had no answer for Lincoln-Sudbury's stacked defense, creating a blue wall in their own end.

"[DeNormandie] is a good player," said Masconomet head coach Len Emmons, of the Lincoln-Sudbury junior wearing No. 23 for the Warriors. "He did what he wanted. They're a very good team, with a stud to boot. Even without him, it would have been a battle, but with him, he tipped the scales early for their side."

"We got them," said DeNormandie, whose team now moves on to face either Westford Academy or Somerville (those two played in a game later on Nov. 11). "That was the big game we had to get past. From here, it will be easier, but Masconomet was good."

Twenty-five minutes into the game, DeNormandie cut in from the left side and launched a laser past Masconomet goalkeeper Jason Katz. In the second half, DeNormandie scored on a sliding shot after a cross by Warriors midfielder Joseph Organisak, who also assisted on his first goal.

"[Organisak] is good. He's a senior captain who comes off the bench, so it was good for him to get that," DeNormandie said.

DeNormandie is a weapon that Lincoln-Sudbury head coach David Hosford has no problem flaunting, especially at this most important time of year.

"Cole is obviously hard to handle," said Hosford. "He's done it for us all season. He's consistent, he's very patient and you need to put a couple bodies on him. He can change speed pretty quickly as well."

DeNormandie's second goal was the 20th of the year for the Warrior forward already being heavily recruited by colleges of all divisions.

Masconomet wasn't an invisible team, not by a long shot. They had their chances, including strong first half shots by defender Derek Schleer (header off a corner kick) and midfielder Curtis Staub, but Warriors goalkeeper Jason Goldfarb was equal to the task.

However, once the Warriors had their two-goal cushion, the Chieftains found it tough to break through sometimes nine Lincoln-Sudbury players clustered around Goldfarb and their net.

"That was tough to penetrate, for sure," said Emmons. "We made adjustments — we brought fullback Matt Werner up, and then we had three up and four up. We held them off, but we couldn't break through the wall. If

we got one goal, maybe that would have shaken [Lincoln-Sudbury] up and we might've gotten another one, but we just couldn't penetrate to get that first one."

Hosford heaped praise upon players like Brendan Caslin, Jake Weltman and Forest Sisk.

"The defense played great. Caslin was key in organizing us in the back field," said Hosford. "Jake is not our largest player, but he really tackles in the back. He and Forest did a great job, setting up our attack. Also, their No. 7 [John Miller] is a great player, so we had to pay a lot of attention to him. We shadowed him around the field."

Like DeNormandie, Hosford was just happy to get past the Chieftains, who went all the way to the Division 2 state finals last year before losing to Mt. Greylock Regional. This was Masconomet's first year of being bumped up to Division 1.

"Masconomet is a great team, with a lot of history behind it, a history that is not insignificant," said Hosford. "Every one of our guys knows Masco, and when we heard we were playing them, it was a collective inhalation. Getting by them was a big mental hurdle to get around. All the games will be hard [in the tournament], but anything from this game on is gravy."



Variety Region Tiler Arrore, Charles Behaving Chad Blake, Archivery Cashin, D.S. Charle Newson Chay, Jack Decreored Brody Forcest, Janes Edd, Michael Kimerum, Stephens Kracamin, Kenn McAllerin, Kale McBeurly, John Miller, Alex Paggias, Jose Paccife, Mike Pharche, Ging Bolteron, Daniel Schless, Alex Species, Carti-Study Mandriel Work, Sam Warner, Note Webster, Mart Western

Every Tuesday night, a local restaurant is bombarded by a group of hungry teenage boys in search of cheap bullalo wings. Whether they're coming from a game or a practice, a win or a loss, the boys' soccer team rarely varies in their routine. This tradition exemplifies the unity that is a large part of what made this group so successful, Led by Coach Lenny Emmans, the bays linished this fall with a winning record of 14-2-2 and a trip to states Star players included captains Nate Webster and John Miller, who were among the five Mosco players to receive All-League awards. "Our defense was really strong this year," said senior player Greg Rothman. "It provided a strong backbone at the beginning of they year while the affense was getting its facting. Then we were all able to come together to capture some wins." Although the group will graduate 13 seniors this year, younger players like Derek Schleer, Charlie Behrens, and Chad Burke are sure to help secure the team further victories in the seasons to come.









Kirwin MicAtley

Judio Addiso

Masco





Man Werner heads to ball

Steve Kracunas gets ready to kick the ball.



John Miller Ilies by a Harritan-Wenham deleader



Derek Schleer



Kevin McAllister

Tyler Amore

Charloe Behrens

Chad Burke

Andrew Cashin

DJ Clark

Navin Clay

Jack Desmond

Brady Forcier

Jason Katz

Kevin Ivester

Mike Keenan

Steve Kracunas

Kevin McAllister - Capt.

Kyle McBrierty

John Miller - Capt.

Alex Pappas

Joe Plourde

Mike Plourde

Greg Rothman

Alan Spencer

Curtis Staub

Sam Warner

Marshall Wade

Nate Webster - Capt.

Matt Werner

Head Coach: Lenny Emmons



Tyler Amore

Charlie Behrens

Nick Bettencourt

Alex Brown

Chad Burke

Anderson Cashin

D.J. Clark - Capt.

Nevin Clay

Demetri Decoulus

Danny DiCunzolo

Joey Dussi

Brady Forcier - Capt.

Jason Katz

Keeyon Olia

Jeff Panella

Alex Pappas

Derek Schleer- Capt.

Chip Sherman

Wes Shrewsbury

Alan Spencer

Tighe Vanlenten

Sam Warner

Corey Whiton

Len Emmons - Head Coach

DIV. 1 BOYS' STATE SOCCER FINAL

Ludlow beats Masconomet to win boys' state soccer title



MATTHEW J. LEE/GLOBE STAFF

Masconomet's Charlie Behrens (right) finds his run down the sideline interrupted by Ludlow's Kieffer Kalesnik-Orsulak.

By Craig Forde GLOBE CORRESPONDENT **NOVEMBER 19, 2011**

WORCESTER - The Ludlow boys' soccer team added another notch to its dynasty, beating Masconomet, 2-1, at Coughlin Field for the Lions' second straight Division 1 state championship.

Kyle Tomas scored two second-half goals to lead Ludlow to its third state title in four years and 17th overall.

Ludlow controlled play in the first half but was unable to penetrate the Chieftains' back three, which continuously cleared the box of threats. Masco finally got things going with 15 minutes remaining in the half but couldn't quite break through.

The Chieftains came up with several scoring chances, but Ludlow keeper Nick Zucco stopped three separate shots to keep the game scoreless at the half.

"We had to have a big turnaround at halftime," said Ludlow coach Greg Kolodziey. "We had to step up our game and be a little bit sharper and come out with a little more energy and intensity."

It did not look good early for Ludlow (17-2-4) as eight minutes into the second half the Chieftains struck paydirt when Chad Burke launched a free kick from 45 yards toward the right post. Before Zucco could leap to gain possession, Chip Sherman launched his body in front of him and flicked the ball in with the back of his head, giving Masco a 1-0 lead.

At the 20-minute mark the Lions got the equalizer off a booming kick from Tomas from 35 yards, the shot bending past the diving reach of keeper Derek Grammer.

"When they scored [first] I just used it as motivation and I never gave up," said Tomas. "We just kept pushing and pushing."

"We needed a goal to get us going," added Kolodziey.

Tomas, who has had a knack for scoring in big games, would come through again thanks to a beautiful cross on the right side by Jeff Danek. Tomas picked up the cross on the far post and slid it in to give the Lions the lead with six minutes remaining.

"Tonight was big for me, scoring two goals," said Tomas, who also scored the winner in Ludlow's victory over Worcester North in Tuesday's Western Mass. final. "It's an amazing feeling."

Then it was just a matter of running out the clock, which Ludlow was capable of doing with long clears that kept Masco (16-4-3) far away from challenging.

"I told these guys all year that this is their time to put their mark on Masco soccer," said coach Dave Mitchell, who took his Chieftains to the final in his first season. "Nothing takes away the sting of this, but I'm really proud of what we've done this season."







Emmons, David Mitchell took over the head coach position with big shoes to fill. Fortunately for the Boy's Varsity Soccer Team, Coach Mitchell's style is also that of a winner. Senior captains Chad Rurke, Charlie Behrens and Alexander Brown led their peers with strong and positive leadership, allowing the team to finish the season with a record of 12 wins, 3 ties, and 3 losses. There was a tremendous amount of talent on the team this year and each individual contributed to the season's success in their own unique way. Even when the boys played some of the toughest teams in the state, they stood their ground. Their hard work and dedication paid of 6, as the boys plowed their way through both the Northern and Eastern State Finals. The Masco Boys Soccer team proudly ended their season by finishing second in the State with the title of Eastern Massachusetts State Champions.













Charlie Behrens

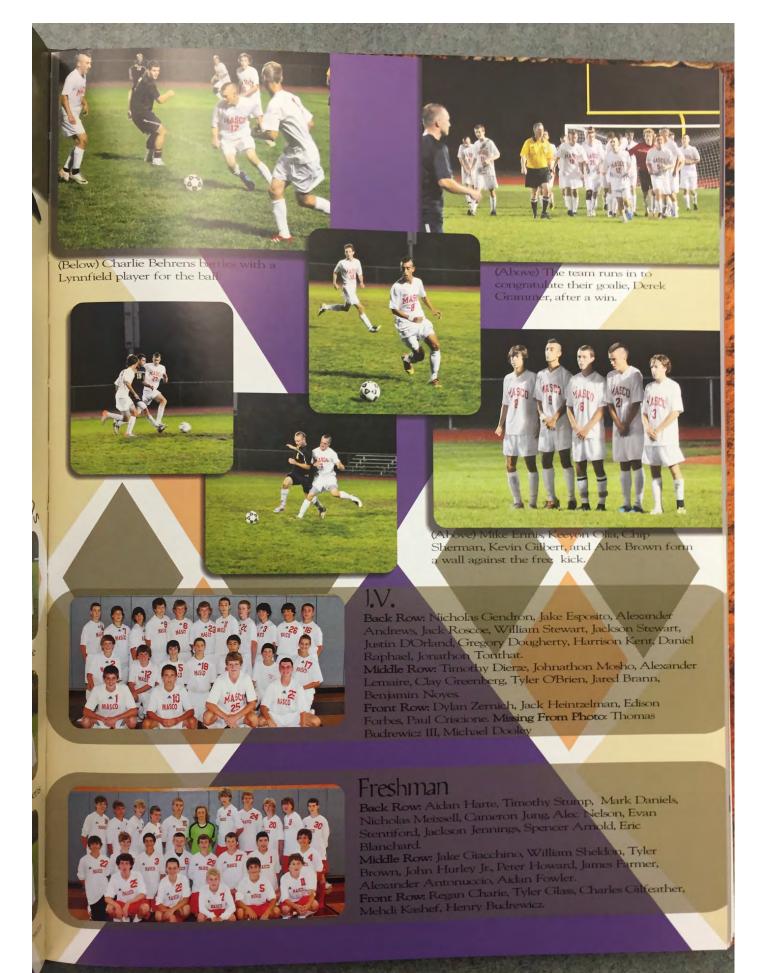
Grammer, John-Richard Sheehan, Jeffrey Panella, Colby Farmer, Jonathon Cabour, Keeyon Olia, Robert Emmons Middle Row. Henry Behrens, Alexander Cikas, Justin Clark, Michael Ennis, Wesley

Middle Row: Henry Behrens, Alexander Gikas, Justin Clark, Michael Ennis, Wesley Shrewbury, Stephen Pease, Adam Grammer, Douglas Rothman, Demetri DeCoulas, Charles Sherman.

Front Row: Chad Burke, Charles Behrens, Alexander Brown



Alexander Brown



Charles Behrens - Capt.

David Mitchell - Head Coach

Henry Behrens

Alexander Brown - Capt.

Chad Burke - Capt.

Jonathan Cabour

Justin Clark

Demetri DeCoulas

Joseph Dussi

Robert Emmons

Michael Ennis

Colby Farmer

Alexander Gikas

Kevin Gilbert

Adam Grammer

Derek Grammer

Keeyon Olia

Jeffery Panella

Stephen Pease

Douglas Rothman

Luke Schell

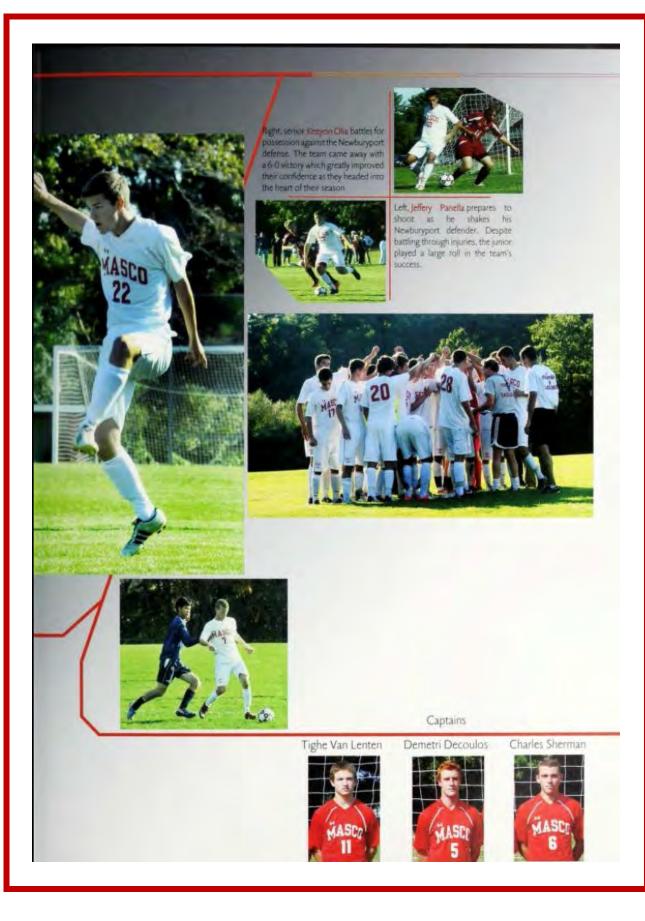
Charles Sherman

Wesley Shrewsbury

John-Richard Sheehan

Tighe VanLenton





Masco's road to repeat starts in net



Derek Grammer

(top) is key to Masconomet's quest for another division championship. At left is coach David Mitchell. At right, Tighe Van Lenten goes against Malden Catholic's Mark Mozzicato during a scrimmage. (Photos by Lisa Poole For The Boston Globe)

By Craig Forde

Globe Correspondent / September 2, 2012

TOPSFIELD — In the blazing heat, as sheets of sweat poured from his shaggy blond hair down across his face, Derek Grammer dove, lunged, pushed, and shoved his way toward an incoming soccer ball, determined to stop its path with reckless abandon.

It's the relentless work of a goaltender determined to help his Masconomet Regional boys' soccer squad return to the state finals. He is not alone in his quest.

"Our goal is to get back to where we were last year," said Grammer, whose team returns 11 seniors from last season's Division 1 EMass champions. "We have to get mentally ready to work hard, and not let the success of last year go to our heads."

"A lot of these guys were key players in our success last year," said second-year head coach David Mitchell.

"We've always thought of ourselves as one of the premiere teams in Eastern Mass., and obviously a lot of things have to go right to get to the state championship. But I think we have the talent level to do that."

When you look at the makeup of a championship soccer team you need to start in back, with the man between the pipes; the team's last line of defense.

Grammer helped backbone the Chieftains (17-4-3) a year ago, posting 14 shutouts, including four during a tourney run to the Division 1 state final, where they would eventually succumb to Ludlow. 2-1.

"He carried us on his back as much as any of the other guys," said Mitchell of Grammer's play last season. "He has been a rock for us."

Going into the 2011 season, Grammer was one of the only question marks on a squad that was full of leaders at every level.

He was following in the large footprints left behind by Cape Ann all-star keeper Jason Katz, who now helps train Grammer along with assistant coach Steven Russo.

"We work on core stuff like diving, holding hard shots, handling crosses," said Grammer. "I like to get my crosses down and knock into those guys in front to make sure I get my hands on the ball. Those guys help me so much with stuff like that."

Also helping Grammer's progress, and the team's depth, is fellow senior keeper John Black, who brings to the Chieftains a high level of experience on the club level.

"They're making each other better," said Mitchell. "We are really fortunate to have two goal keepers of exceptional talent ready to go this year."

In the defensive third, the Chieftains return all four starting backs from last year, with senior captains Demetri Decoulos and Tighe Van Lenten anchoring the unit.

Senior Justin Clark and sophomore Kevin Gilbert will handle the outside duties for the defense, spearheading a confident and prideful core that helped maintain a 0.6 goals against

average last season. "Having those guys in front of me makes things easier," said Grammer. "We know each other so well. We know where everything will fall into place on long balls, crosses and stuff, so we know who will pick things up and where everyone needs to be."

In the middle of the field the Chieftains will rely heavily on seniors Mike Ennis and Alex Gikas, with juniors Alex Grammer and Jeff Panella helping to round out a highly versatile group that can create and switch on the fly.

"We'll look to them to do a lot of play making," said Mitchell. "They are great attacking midfielders who can play other positions as well. We have a whole host of talent that can play for that midfield."

Captain Chip Sherman will once again look to spark the offense up front after leading the Chieftains in points as a junior (10 goals, 11 assists).

Senior Keeyon Olia will join Sherman on the attack, and is poised for a breakout season after punching in a goal to go along with two assists in a midfield role a season ago.

"As a striker he defends so well," said Mitchell of Olia. "He forces a lot of turnovers and makes it real difficult for backs to get the ball out of the defensive third."

On paper, Masco seems to fit the blueprint of a contender.

The boys are wise enough to know what they are capable of, they are talented enough to get to where they want to go, and they seem to have the right mindset to pull it all off.

John Black

David Mitchell - Head Coach

Justin Clark

PJ Criscione

Demetri Decoulas - Capt.

Justin D'Orlando

Colby Farmer

Edison Forbes

Alex Gikas

Kevin Gilbert

Adam Grammer

Derek Grammer

Jack Heintzelman

Mike Ennis

Keeyon Olia

Jeffery Panella

Stephen Pease

Jack Rosco

Charles Sherman - Capt.

Tighe VanLenton - Capt.