



SANTA ANA HIGH SCHOOL

ATHLETICS MEDICAL SCREENING FORM

Last Name: _____ First: _____ DOB: _____

Student ID # _____ Grade: _____ Gender (circle one): Male / Female

HEALTH HISTORY : TO BE COMPLETED BY STUDENT-ATHLETE AND PARENT PRIOR TO MEDICAL SCREENING EVALUATION.

Head injury, concussion, loss of memory, unconsciousness, persistent headaches	☐ Yes	☐ No
Bone/joint disorders (broken bones, dislocations, swelling, disease, surgery, arthritis)	☐ Yes	☐ No
Anemia, leukemia, bleeding disorders	☐ Yes	☐ No
Kidney/bladder problems	☐ Yes	☐ No
Eye problems	☐ Yes	☐ No
Ulcers, stomach trouble, hernia	☐ Yes	☐ No
Heart trouble, heart murmur, high blood pressure, rheumatic fever	☐ Yes	☐ No
Asthma, tuberculosis, bronchitis	☐ Yes	☐ No
Allergies (foods, medicines, insects, etc.)	☐ Yes	☐ No
Seizures, dizzy spells, fainting or convulsions	☐ Yes	☐ No
Diabetes, hepatitis, jaundice	☐ Yes	☐ No
Taking medication regularly (If yes, please list medication, dose and frequency below)	☐ Yes	☐ No
Have you ever tested positive for COVID-19? (If yes, please complete page 2)	☐ Yes	☐ No

IF YES, PROVIDE DETAILS:

MEDICAL SCREENING EVALUATION

MUST BE COMPLETED BY YOUR PHYSICIAN AND DATED AFTER MAY 1ST OF THE CURRENT

☐ **CLEARED FOR FULL PARTICIPATION**

☐ **NOT CLEARED FOR PARTICIPATION:
SPECIALIST CLEARANCE/FOLLOW UP REQUIRED**

M.D. RECOMMENDATIONS OR RESTRICTIONS:

BP	HR	HT	WT	EYE CHART: R L	GLASSES/CONTACTS	BRACES/TEETH
HEENT	HEART	LUNGS	ABDOMEN	HERNIA	BACK	EXTREMITIES
M.D. PRINT NAME			M.D. PHONE NUMBER		OFFICE/M.D. STAMP	
M.D. SIGNATURE			DATE			

PARENT CONSENT, ACKNOWLEDGEMENT, AND SIGNATURE

CONSENT: By signing below, I hereby give my permission for a screening evaluation.

ACKNOWLEDGEMENT: By signing below, I hereby give my consent for [above named student], hereafter named student, to compete in athletics. I authorize the student to go with and be supervised by a representative of the school on any trips. In case this student becomes ill or is injured, you are authorized to have the student treated and I authorized the medical agency to render treatment. I consent to any x-ray examination, anesthetic, medical, or surgical diagnosis or treatment and hospital care which is deemed advisable by, and is to be rendered under, the general or special supervision of any physician and surgeon licensed under the provisions of the Medical Practice Act on the medical staff of any accredited hospital, whether such diagnosis or treatment is rendered at the office of said physician or said hospital it is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required, but is given to provide authority and power on the part of the school representative to give specific consent to any and all such diagnosis, treatment or hospital care which the aforementioned physician in the exercise of his/her best judgment may deem advisable. This authorization shall remain effective until the end of the school year unless sooner revoked in writing and delivered to the school. **I furthermore acknowledge that I have reviewed and provided online signatures at athletic-clearance.com for all SAUSD and Santa Ana athletics forms and waivers.**

Parent Signature _____

Date _____

Santa Ana Unified School District

Post COVID-19 Athletic Clearance

Santa Ana Unified School district requires that any student-athlete who tests positive for COVID-19, shall not return to sports activities until this form is completed by a licensed healthcare provider (M.D., D.O., P.A., Nurse Practitioner).

Athlete's Name: _____ DOB: _____ School: _____

Student ID#: _____ Date of Positive Test: _____

THIS RETURN TO PLAY IS BASED ON TODAY'S EVALUATION

Date of Evaluation: _____

Criteria to return (Please check below as applies)

- ☐ 10 days have passed since symptoms first appeared and symptoms have resolved (No fever ($\geq 100.4^{\circ}\text{F}$) for 24 hours without fever reducing medication improvement of symptoms (cough, shortness of breath) OR was asymptomatic for 10 days following positive test
- ☐ Athlete was not hospitalized due to COVID-19 infection.
- ☐ Cardiac screen negative for myocarditis/myocardial ischemia

Chest pain/tightness with exercise	YES ☐	NO ☐
Unexplained Syncope/near syncope	YES ☐	NO ☐
Unexplained/excessive dyspnea/fatigue w/exertion	YES ☐	NO ☐
New palpitations	YES ☐	NO ☐
Heart murmur on exam	YES ☐	NO ☐

☐ Student is medically cleared to participate in athletics without restrictions

☐ Student is medically cleared to participate in athletics with the following restrictions: _____

☐ Student is NOT Cleared to participate in athletics. Follow up with a cardiologist is required.

Examiner's Signature: _____

Examiner's Name Printed: _____

Date: _____

Office/M.D. Stamp