

Hoover Softball Association

COVID-19 Preparedness Plan for Indoor Facility Use – PHASE 1



Proposed: 8-31-2020, adopted 9-1-2020

Hoover Softball Association (HSA) is committed to providing a safe and healthy environment for all coaches, managers, players, their family members and guests of the Hoover Central Park facilities (collectively, "Participants and Users"). Accordingly, we have developed the following Preparedness Plan in response to the COVID-19 pandemic to govern the use of the Indoor Facility until further notice from the Board of Directors of HSA (the "Board"). All Participants and Users intending to use the Indoor Facility share in the responsibility of implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our Indoor Facility, and that requires full cooperation among all Participants and Users. Only through this cooperative effort can we establish and maintain the safety and health of our Participants and Users and our broader community as a whole.

Accordingly, the first phase of our Preparedness Plan is outlined herein. During the first phase, only scheduled White Lightning Teams will be permitted to utilize the Indoor Facility, subject to compliance with this Preparedness Plan, and even then solely in response to a rainout of a regularly scheduled practice. The policy of HSA during Phase 1 is that outdoor field use is preferred over indoor facility use to the extent possible due to the increased risk of possible virus transmission believed to exist with indoor practice relative to outdoor practice. Teams will not generally be permitted to schedule the use of the Indoor Facility if an outdoor field is available, and then only in response to a rainout of a regularly scheduled practice. Recreational Teams will not be permitted to use the Indoor Facility during Phase 1 of the Preparedness Plan while we evaluate the

effectiveness of the policies and procedures imposed herein. This limitation and these policies and procedures are not intended to penalize any team or any group of Participants and Users. This Preparedness Plan is the decision of the Board to attempt to implement reasonable safety measures that are designed to protect all Participants and Users.

Our Preparedness Plan follows guidance taken from the Centers for Disease Control Prevention (CDC), Alabama Department of Public Health (ADPH), and the City of Hoover (COH) related to COVID-19. The plan that follows addresses the safety precautions needed to be taken to ensure safety of all:

- hygiene and respiratory etiquette
- social distancing
- cleaning and disinfection
- screening and procedures for individuals exhibiting signs and symptoms of COVID-19
- communication and training that will be provided to approved HSA Coaches and Managers who are granted access to and use of the Indoor Facility and for their respective communication to their other team Participants and Users
- closing of the Indoor Facility
- contact and application information

1. State and Federal Compliance Notice

HSA intends to open the Indoor Facility during this global pandemic only in compliance with State, Federal and City guidelines. Please be advised that Participants and Users compliance with health and safety expectations is required. HSA will exercise an abundance of care for all, but Participants and Users acknowledge a potential risk for health and safety due to the COVID-19 pandemic.

2. Hygiene: Handwashing

Basic infection prevention measures are being implemented at the Indoor Facility.

- All users of the Indoor Facility ("Users") will be required to sanitize their hands prior to or immediately upon entering the Indoor Facility by at least one of the following methods:
 - Users may use the Park restroom to wash hands immediately prior to entering.
 - Users may also use hand sanitizer immediately prior to or upon entry or bring their own alcohol-based hand sanitizer to use while in the Indoor Facility.
- Users are instructed to wash their hands for at least 20 seconds with soap and water or use an alcohol-based hand sanitizer periodically while on site.
- Handwashing signs will be posted at the Indoor Facility entrance and in the restrooms.

3. Respiratory Etiquette

- Masks
 - Users are encouraged to wear proper face masks when interacting with others while on site for an extended period of time while not involved in softball activities. No masks will be required of Coaches, Managers or Players during active participation in softball activities.
- Cover your cough or sneeze
 - Users are instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing. Users should avoid touching their face, mouth, nose and eyes, with their hands. Dispose of tissues in the trash and wash or sanitize their hands immediately afterward following the handwashing plan above.
- A “Cover Your Cough” sign will be posted in the Indoor Facility.

4. Social Distancing

Social distancing is being implemented in the facilities in the following ways:

- Indoor Facility use is only permitted as scheduled with the designated HSA administrator of the Indoor Facility (the “Administrator”). The number of total participants in the Indoor Facility will be limited to seek to comply with local and/or government maximum gathering restrictions.
- A maximum of one (1) team will be permitted to use the Indoor Facility at any one time, consisting of no more than 16 persons per team.
- Coaches and Managers are instructed to discourage the presence in the Indoor Facility of anyone other than Coaches, Managers and Players for any material length of time for general safety reasons.
- Signage is posted in the Indoor Facility to remind Users to maintain social distance of 6 feet whenever possible.
- Visual distance cues are marked on the floor outside of the entry to the Indoor Facility where people may need to wait to gain entry. *See Picture Below.*



- When not engaged in athletic activities associated with training for softball, all Coaches and Managers are to encourage their team's Participants and Users to maintain a six-foot distance from other Participants and Users. Visual marks on the floor have been provided in the Indoor Facility to aid Participants and Users who are not engaged in athletic activities associated with training for softball in maintaining social distancing. *See Picture Below.* Coaches and Managers are encouraged to try to have their team's Participants and Users use these aids to assist in social distancing when not engaged in athletic activities associated with training for softball for any significant period of time.



5. Cleaning

Regular cleaning practices are being implemented, including routine cleaning and disinfecting of common surfaces and non-movable equipment. **All common moveable equipment (such as HSA balls, tees, exercise gear and other equipment) have been removed from the Indoor Facility. Each Participant and User will be required to bring and take with them when finished all of the equipment that they desire to use during their time in the Indoor Facility.** Coaches and managers of each team will be required to clean and disinfect all surfaces touched by their Participants and Users at the conclusion of their team's use of the Indoor Facility. Some necessary cleaning supplies will be provided, and coaches and managers will be trained in cleaning and disinfecting procedures as needed.

- Facility users are required to provide their own hand sanitizing supplies for before and after practice for participants. Alcohol based hand sanitizers with greater than 60% ethanol or 70% isopropanol shall be used.
- Facility users are required to provide their own first aid kits.
- Water fountains are not present in or around the Indoor Facility and participants are advised as usual to bring their own *filled* water bottles. Doors may be propped open to reduce handling require fewer cleanings whenever possible.
- *Personal Equipment*
 - Facility users may bring in personal equipment for their own use but they are required to clean the equipment before entry to the Indoor Facility and to remove all equipment from the Indoor Facility upon the conclusion of

practice. Under no circumstances shall any personal equipment be left in the Indoor Facility following the completion of a team's use of the Indoor Facility. HSA reserves the right to refuse the use of personal equipment if it is deemed it to be a safety or health hazard.

- Facility users must sanitize all equipment before bringing it into the facility.
- Facility users must provide their own sanitizing supplies for their equipment.

6. Screening and Procedures for Individuals Exhibiting Signs and Symptoms of COVID-19

Coach and Manager Assessment

- Coaches and Managers are required to complete a self-assessment prior to entering the Indoor Facility. If they are experiencing any symptoms of COVID-19 they are required to remain home, not attend practice and may be required to cancel entirely their practice and use of the Indoor Facility. They are also encouraged to contact their healthcare provider.
- Coaches and Managers may return to the park and continue use of the Indoor Facility when they meet the conditions outlined in the section *Returning to the Facility After Illness*.

Check-In/Screening Assessment

- Indoor Facility users are to review the self-assessment checklist below before accessing the Indoor Facility.
- Signs will be posted listing COVID-19 symptoms and instructing users not to enter if they have any symptoms listed.

Self-Assessment: Individuals or anyone in their immediate family (living in the same home) reporting the following symptom(s) will not be permitted into the Indoor Facility and will be asked to return home:

- A fever (100.4 F or higher) within the last 72 hours
- A cough or sore throat
- Shortness of breath and chills
- Repeated shaking with chills
- Muscle pain
- Headache
- New loss of taste or smell
- Direct household contact with a person experiencing an undiagnosed cough and fever
- Diarrhea and/or vomiting in the last 24 hours

Illness Tracking

- The Head Coach or Manager of a team using the Indoor Facility will be required to keep rosters, take attendance and keep attendance records at all activities should

the information be needed by healthcare professionals for contact tracking purposes.

- The Head Coach or Manager of a team using the Indoor Facility shall promptly notify the Administrator or any other member of the Executive Committee of any Participant or User that has visited the Indoor Facility that is later confirmed to have had or been exposed to someone confirmed to have COVID-19 to permit the Board to ensure that the Indoor Facility receives a deeper cleaning and disinfection. Such prompt notice is critical to the continued safety of all Participants and Users.

Symptom Development

- Any individual developing symptoms of illness while on site will go home immediately and will be encouraged to contact their healthcare professional.

Returning to the Facility After Illness

If you or someone in your household is having respiratory symptoms (cough OR sore throat OR difficulty breathing) but *no test was done to confirm diagnosis* you may return to the Indoor Facility when these three (3) things have happened:

1. Fever free for at least 72 hours without the use of fever reducing medication AND
2. Symptoms have improved AND
3. At least 10 days have passed since your symptoms first appeared.

If you or someone in you've been in contact with has/had *lab confirmed COVID-19* you can return when these three (3) things have happened:

1. Fever free for at least 72 hours without the use of fever reducing medication AND
2. Other symptoms have improved AND
3. You received a negative COVID-19 test (or per your doctor's written recommendation) or at least 10 days have passed since you have been in last contact with the person confirmed to have COVID-19.

To help stop the spread and protect all of our Participants and Users

- No food or drinks are permitted in the Indoor Facility other than individual water bottles without special permission of the Administrator or unless medically necessary.
- Shared/communal water is not permitted in the Indoor Facility.
- Sunflower seed chewing and seed spitting is strictly prohibited in the Indoor Facility.
- Users are encouraged to share safety concerns with the Administrator or any Board Member.
- The Indoor Facility is under video surveillance and members of the Board or the Administrator may monitor the use of the Indoor Facility in real time or using video recordings of the prior use of the Indoor Facility, and Teams or Participants and

Users found to be in violation of these rules may be prohibited from using the Indoor Facility in the future.

- Teams or Participants and Users reported and found to be non-compliant may also be asked to leave the Indoor Facility and may be prohibited from using the Indoor Facility in the future.
- Coaches and Managers of a Team are responsible for enforcing compliance of these rules by the Participants and Users associated with their team.

7. Communications and Training

Communication and training will be ongoing through the Indoor Facility use process and provided to all Coaches and Managers as needed. This plan will be updated and posted as necessary. Participants and Users who are not willing to abide by these procedures are not permitted to use the Indoor Facility and are encouraged to cancel their use of the Indoor Facility at the earliest possible time. If a Participant or User does not intend to comply with these procedures or use the Indoor Facility, the Board requests that the Participant or User notify the Administrator of a Board Member as soon as possible so that other Participants and Users may be granted access and use.

8. Closing of the Indoor Facility

Out of an abundance of caution, HSA may elect to close the Indoor Facility at any time if an outbreak occur should occur or if in the sole discretion of HSA or the COH conditions exist that warrant such closure. HSA will follow the directions and recommendations of the CDC, ADPH and COH as to when further caution is deemed necessary.

9. Indoor Facility Scheduling

Space within the Indoor Facility will be limited even further during the pandemic for safety purposes. Accordingly, it will be important to respect the privilege of the use of the Indoor Facility and adhere to scheduling and time use rules. During Phase 1 of the Preparedness Plan, only White Lightning Teams will be permitted to use the Indoor Facility solely in response to a rainout of a regularly scheduled practice. The policy of HSA is that outdoor field use is preferred over indoor facility use to the extent possible due to the increased risk of possible virus transmission believed to exist with indoor practice relative to outdoor practice. Teams permitted to use the Indoor Facility shall not enter the facility any earlier than their scheduled time slot and shall promptly exit the facility at the conclusion of their scheduled time. Users are not permitted to hang around inside the Indoor Facility outside of their team's scheduled time of use, except that Coaches are permitted to remain in the Indoor Facility for a few additional minutes to ensure appropriate cleaning has occurred.

The Administrator will attempt to schedule use of the Indoor Facility in a way that minimizes unnecessary interaction between different teams and in a manner approved by the Executive Committee of the Board of Directors of HSA. The Administrator will attempt to schedule Indoor Facility use during Phase 1 based upon White Lightning Teams that have had their regularly scheduled practice rained out with teams having the highest seniority generally being preferred.

10. Reporting of Violations

Any Participant or User observing activities in the Indoor Facility inconsistent with this Preparation Plan or that is otherwise unsafe or unhealthy is encouraged to report such activities to the Administrator or any other member of the Executive Committee of the Board of Directors. The use of the Indoor Facility is a privilege and it is all of our responsibilities to encourage compliance with this Preparation Plan to attempt to maximize the likelihood of our ability to continue to be able to use the Indoor Facility during this pandemic.

11. Contact Information

Administrator:	John Parker	Email:	president@hooversoftball.com
		Text:	205.568.8103

Executive Committee

Members:	John Parker	Email:	president@hooversoftball.com
		Text:	205.568.8103

	Chad Clark	Email:	ofcchad@yahoo.com
		Text:	205.249.5582

	Jeff Olive	Email:	jeffolive3@gmail.com
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