## **Hoover Softball**

\*Baseball Has Alternate Access Code

# PREPARE eLearning Sports Safety Course

The PREPARE course will provide you—the youth coach—with sports safety education for injury and illness prevention, recognition and stabilization until a medical professional arrives. The goal is for you to be PREPARED for athletic safety situations.

#### Softball Coach Access: PREPARE eLearning Sports Safety Course

- 1. Go to www.sportssafety.org/user/Login to create a new user account by clicking "Register." Follow the prompts.
- 2. Return to the homepage and select "Programs & Resources" then click "Yes, I want to be Prepared..." You will follow the prompt to continue with purchase.
- 3. Select "PREPARE-Level 1" from the menu.
- 4. Enter the promo code **REACHHOOVERSOFTBALL16** (expires 12/31)
- 5. Complete the order process and return to the home screen and select "My Locker."
- 6. Click the "My Course" tab then click "Introduction" to begin the course.
- 7. Print your Certificate of Completion when you are finished.
- 8. Contact the National Center for Sports Safety with your testing questions.



#### Follow Us on Social Media

- Like Us on Facebook www.facebook.com/PrepareSports
- Follow Us on Twitter www.twitter.com/PrepareSports
- Send Us your sports photos info@sportssafety.org

#### **PREPARE Course Notes**

- The course takes less than 2 hours to complete and does not need to be completed in one sitting. Do not stop in the middle of a test as it will not save.
- There is a test after each module that you must complete with a minimum score of 80% to pass. You will have two attempts to pass each module. Please contact the Center with any test questions.

#### About the National Center for Sports Safety

The National Center for Sports Safety (NCSS), an Alabama-based nonprofit, was founded by renowned orthopedic surgeon, Dr. Lawrence J. Lemak, in 2001 to promote the importance of injury prevention and safety at all levels of youth sports through education and research. NCSS has educated more than 35,000 coaches across the nation.

## Celebrating 15 years of youth and high school sports safety initiatives!

### www.SportsSafety.org

1-866-508-NCSS (6277) • info@sportssafety.org • Please consider making an <u>online dotation</u> to help with the mission of Sports Safety. Please direct your questions to NCSS: Mon.-Thurs., 8:00 a.m. to 5:30 p.m. CST.