



Sunday, December 22, 2019

## **“FOCUS, EFFORT & ATTITUDE”**

- **Over winter break; working hard in the weight room, batting cages and the field isn't for everyone. Then again, neither is playing time....and neither is winning.**
- **Love the PROCESS and you will love what the PROCESS produces.**
- **If you are not putting in time outside of practice.....YOU are falling behind.**
- **EVERYTHING YOU DO MATTERS**
  - **Showing up MATTERS**
  - **Body language MATTERS**
  - **Doing your job MATTERS**
  - **Empowering others MATTERS**
  - **Eye contact MATTERS**
  - **Firm handshakes MATTERS**
  - **Giving your all MATTERS**
  - **Keeping your word MATTERS**
  - **Putting team first MATTERS**